



**VISAKHA GOVT. DEGREE COLLEGE for WOMEN**  
**EVENT ORGANIZED REPORT**  
**(2020-2021)**



<b>Title of the Event</b>	<b>FITNESS IN A MINUTE</b>
<b>Name of Event Organized</b>	<b>WORKSHOP</b>
<b>Name of Department</b>	<b>DEPARTMENT OF PHYSICAL EDUCATION</b>
<b>Date of Event Organized</b>	<b>20/03/2020</b>
<b>Name of the coordinator of the Event</b>	<b>DR.R.KIRANMAI</b>
<b>Class of the Participant</b>	<b>STUDENTS AND STAFF</b>
<b>No. of Participant (Student +Staff)</b>	<b>64</b>
<b>Name of the Expert with designation</b>	<b>RAMESH REDDY</b>
<b>Contact number &amp; Address of the Expert</b>	<b>8985947523</b> <b>RESEARCH SCHOLAR</b> <b>DEPT OF YOGA ,ANDHRA UNIVERSITY</b>
<b>Objective of the Event</b>	<b>TO TRAIN OUR STUDENTS AND FACULTY SIMPLE TECHNIQUES IN ATTAINING AND MAINTAINING FITNESS DAILY BY SPENDING LESS TIME.</b>
<b>Outcome of the Event</b>	<b>STUDENTS AS WELL AS STAFF ENJOYED THE TIPS AND INSPIRED TO FOLLOW THEM TO BE FIT CITIZENS</b>



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**Photo Gallery**







*Chinnamayi*

**Coordinator**

*de...ai*

**Principal**

