



VISAKHA GOVT. DEGREE COLLEGE for WOMEN
EVENT ORGANIZED REPORT
(2020-2021)



Title of the Event	"Fitness- A Defensive Path for Corona Virus"
Name of Event Organized	INTERNATIONAL WEBINAR
Name of Department	DEPARTMENT OF PHYSICAL EDUCATION
Date of Event Organized	16/10/2020
Name of the coordinator of the Event	Dr. R .KIRANMAI
Class of the Participant	SPEAKERS 4+DELIGATES FROM INDIA AND ABROAD
No. of Participants (Student +Staff)	140
Name of the Expert with designation	1. Dr. PRABHAT K SINHA INTERVENTIONAL PULMONOLOGYST PROVIDENCE HOSPITAL ,DETROIT, MI 2. KRISHNA BHARGAVI V RN, ASCENSION PROVIDENCE, DETROIT, MI 3. Dr. KRISHNAPRIYA MSCPT, CLINICAL PHYSIOTHERAPIST 4. Dr .KOTESWARARAO, MS CIVIL ASST. SURGEON,VIZIANAGARAM
Contact number & Address of the Expert	1. +13132832908 2. +12489247241 3. 9502650466 4. 941276651

<p align="center">Objective of the Event</p>	<p align="center">TO ENLIGHTEN OUR STUDENTS, STAFF, AND ALL OTHER PARTICIPANTS FROM DIFFERENT PARTS OF THE WORLD ABOUT THE EFFECT OF PHYSICAL FITNESS IN PREVENTING, FIGHTING AGAINST COVID-19 AND ALSO DURING RECOVERY.</p>
<p align="center">Outcome of the Event</p>	<p align="center">EXCELLENT SPEECHES AND INTERACTION SESSIONS BY HIGHLY EXPERIENCED AND ACTUALLY INVOLVED IN TREATMENT OF COVID-19 DOCTORS AND PHYSIOTHERAPIST HELPED EVERY PARTICIPANT WITH A GOOD TAKE HOME MESSAGE OF FITNESS –A DEFENSIVE PATHWAY FOR COVID-19 .</p>

**INTERNATIONAL WEBINAR ON
"FITNESS-A DEFENSIVE PATH FOR CORONA VIRUS"**

16th October 2020 Organized by **01.30 pm to 5.00 pm (IST)**

VISAKHA GOVT.DEGREE COLLEGE for WOMEN
MAAC Accredited 'B' 2,55 Grade Institution
 Old Jail Road, Visakhapatnam-20, INDIA

Chief Guest



Dr Prabhat K.Sinha., D.O
 Farmington Hills MICHIGAN, USA
 Ascension Providence
 Interventional Pulmonology
 Critical Care Medicine

Chair person



Dr.S.Shobha Rani
 Principal
 Visakha Govt. Degree College (W)
 Visakhapatnam.

Speakers



Dr Koteswara Rao, MS
 Civil Asst Surgeon
 S.Kota, Vizianagram (Dist.)



Ms.Krishna Bhargavi
 RN, Ascension Providence
 MICHIGAN, USA



Dr. Krishna Priya
 MSCPT
 Clinical Physiotherapist.
 YOGA Instructor (QCI)



Dr.R.Kiranmayi
 Webinar Convenor
 Lecturer in Physical Education
 Visakha Govt. Degree College (W),
 Visakhapatnam



Dr.Haritha.,
 IQAC Coordinator
 Lecturer in Biotechnology
 Visakha Govt. Degree College (W),
 Visakhapatnam

Registration Link:

<https://www.visakhacollege.ac.in/online-course/fitness-a-defensive-path-for-corona-virus>

PROGRAM SCHEDULE

1: 30 pm: Webinar login

1:45 pm: Welcome address by Dr. R. Kiranmayi

1:50 pm: Address by Chairperson, Dr. S. Shobha Rani

1: 52 pm: Introduction of Chief Guest Dr. Prabhat K Sinha by Dr. R. Haritha

2:00 pm: Speech by Chief Guest, Dr. Prabhat K Sinha

2: 20 pm: Q & A Session

2.35 pm: Response by Prof. N Vijay Mohan, Director of Physical Education
& Sport Sciences, Andhra University

2:40 pm: Introduction of Speaker Dr. Koteswara Rao by Dr. R. Manjula

2: 45 pm: Address by Speaker Dr. Koteswara Rao

3: 05 pm: Q & A Session

3: 15 pm: Introduction of Speaker Ms. Krishna Bhargavi by Smt. D. Aruna
Padma

3: 45pm: Q & A Session

3:55 pm: Introduction of Speaker Ms. Krishna Priya by Dr. R. Kiranmayi

4:00 pm: Address by Speaker Ms. Krishna Priya

4: 20 pm: Q & A Session

4:25 pm: Vote of Thanks by Smt. D. Aruna Padma

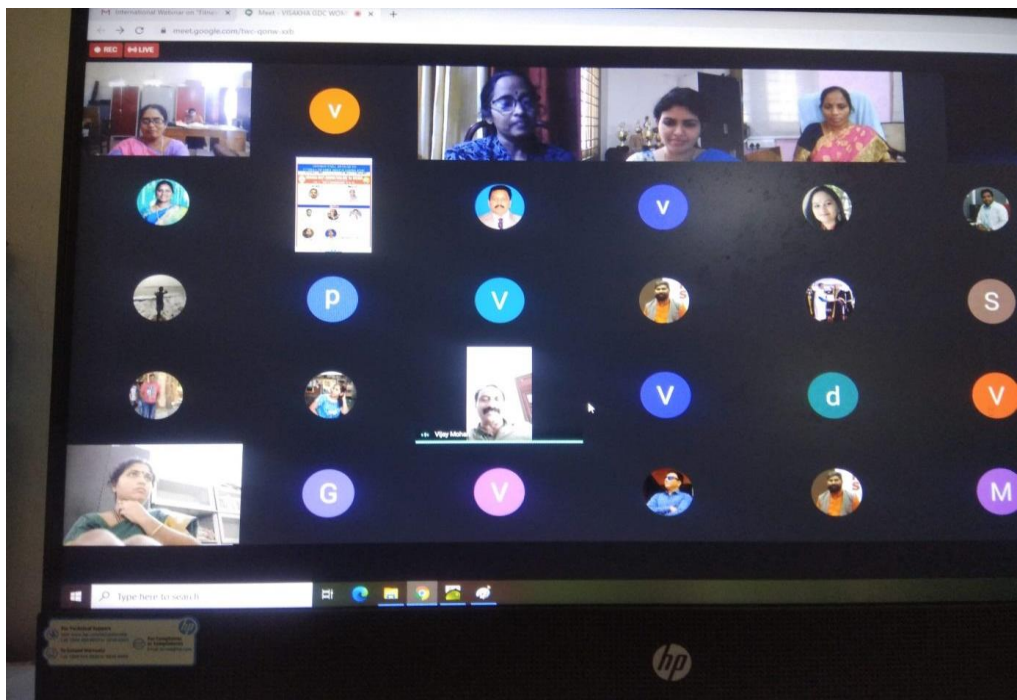
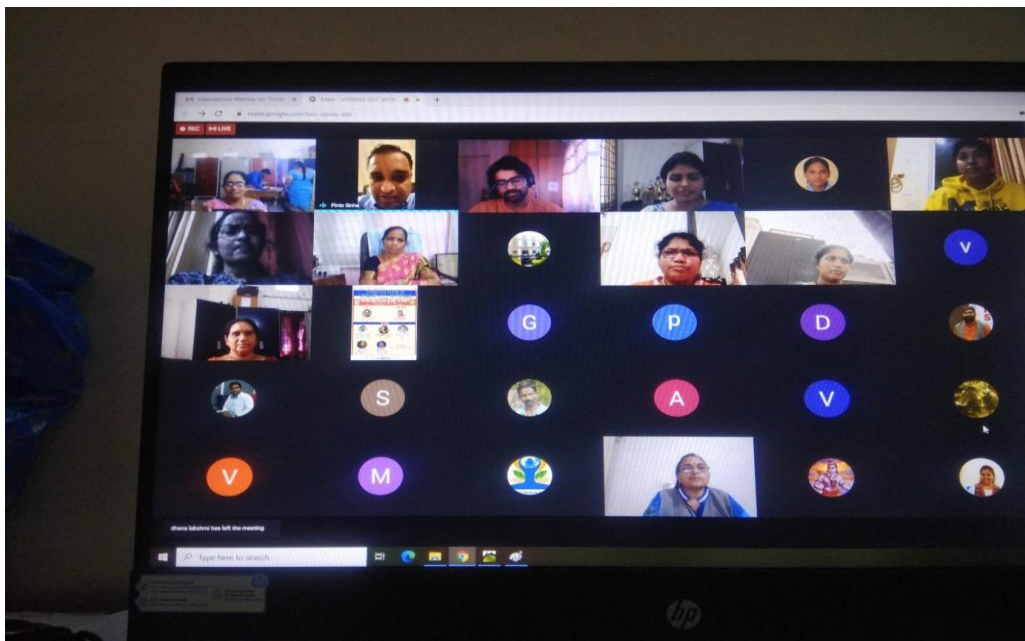




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Photo Gallery







Arundhanoy

Coordinator

de...ai

Principal